



Dr. Brian Zidel

Consent for Botulinum Toxins

(Botox, Dysport, Nuceiva)

Botulinum toxin (B-tox) therapy for wrinkles is an injection treatment designed to reduce facial expression lines. B-tox is approved for the treatment of disorders of the muscles of the eye, certain types of headaches and other medical conditions. As well, it is approved for cosmetic treatment of frown lines between and just above the eyebrows. B-tox therapy for all such wrinkles is a commonly performed cosmetic procedure throughout the world.

When small amounts of purified B-tox are injected into a muscle, contractions are greatly diminished or shut down completely. The result is fewer wrinkles in the overlying skin. Medically approved areas of the face include the frown lines (corrugators and procerus muscles), horizontal forehead lines (frontalis) and the crow's feet (periorbital muscles).

As well, B-tox is frequently used "off-label" in other areas of the face including the chin and lip regions, bands about the neck, and bunny lines above the nose. A small percentage of clients will notice results the very next day, however the majority will appreciate the change within 3-7 business days. A small percentage may not notice optimal results before 2 weeks. The results typically last 3-4 months but be shorter or longer.

For reasons not understood, a small percentage of people notice the treatment effects vary from one treatment to the next. Neutralizing antibodies (proteins) produced by your body may reduce the effectiveness of this treatment. The potential for such formation of such antibodies can be minimized by using the lowest effective dose and spreading out the treatments as best one can.

Results, Risks and Aftercare

1. I understand that I will not be able to move the treated muscles while the injection is effective but that this will reverse after a period of months, at which time re-treatment is appropriate but not mandatory. _____
2. I understand that during the 4-hour post-injection period, it is best not to lie down, bend forward (sitting upright such as while driving is fine) or exercise, or manipulate/rub the area of the injection site. _____
3. I understand the following possible temporary side effects:
 - Bruising is very common, and the risk may increase with pre-treatment use of anti-inflammatories such as Aspirin, Ibuprofen and Naproxen, or supplements such as Vitamin E, Omega III's (fish oils), Ginkgo Biloba, St. John's Wort, Garlic, Ginger or Cayenne, as well as Alcoholic Beverages. I understand that this is temporary, will resolve in 5-10 days, and will not affect the outcome of the treatment. _____
 - I understand that a headache or pain at the injection site may occur but that this is a temporary effect lasting less than 24 hours. Acetaminophen/Ibuprofen may be taken for this after the treatment. _____

- Asymmetry may be noticeable in the first 2 weeks after treatment. Usually temporary, but may be corrected with a “touch up” if unresolved after such time. _____
- Numbness or dullness, or change in sensation to the treated areas may be noticed for a few days after the injection. Treatment for this is not necessary. _____

4. I understand the Benefits, Risks, and Limitations of Botox.

- I understand that treatment of frown lines may result in a temporary drooping of an eyelid (ptosis) in 1-2% of frown line injections. This can last 2-3 weeks and rarely up to several months, but can be treated with eye drops. _____
- Double vision (diplopia) may occur with crow’s feet injections. This is also temporary. _____
- I understand that for a very small number of patients, Botox does not work as satisfactorily or for as long as expected. _____

5. I am not aware of having any neurological disease and I am not taking any immunosuppressant medications. _____

6. I am not aware that I am pregnant and I am not breastfeeding. _____

I have read the above and understand. My questions have been answered to my satisfaction by Dr. Zidel, and I accept the risks and complications of this procedure.

Name (please print) _____

Patient Signature

MD Signature

Date